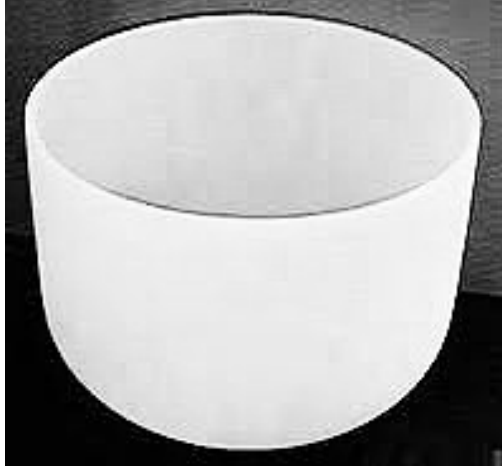


Crystal Singing Bowls



Crystal Singing Bowls are made from 99.992% pure crushed quartz and heated to about 4000 degrees in a centrifugal mould. They are the finest, pristine, crystal singing bowls. Then, they are tested to determine the musical note. Although the larger bowls have a deeper, lower octave, tone, it is not the size that determines the 'note' of the bowl. The bowls are associated with the musical scale, starting with C, then D, E, F, G, A and B. These notes are in turn associated with the Seven Chakras of the Human System.

Energy Centre	Location	Element	Issues	Right	Colour of Chakra (bowls are white)	Note
1 - Root	Base of spine	Earth	Physical needs	To have	Red	C
2 - Sacral	Lower abdomen	Water	Sexuality emotions	To feel	Orange	D
3 - Solar Plexus	Solar plexus	Fire	Power, vitality	To act	Yellow	E
4 - Heart	Heart	Air	Love	To love	Green	F
5 - Throat	Throat	Sound	Communication	To speak	Blue	G
6 - Third Eye	Brow	Light	Intuition	To see	Indigo	A
7 - Crown	Top of Head	Thought	Understanding	To know	Violet	B

They are available in clear or frosted bowls; in a variety of sizes. The bowls emit a powerful and pure resonance. The larger bowls are much more reverberate, with the tone lingering longer, simply because of the size and amount of crystal. The sound emitted from Crystal Singing Bowls is known to have healing effects.

Crystal Singing Bowls

Some Crystal Singing Bowls even harmonise with other bowls when played simultaneously. The effect is exquisite and synergistic.

IMPORTANT:

Don't forget to use the bowl to cleanse your crystals. Don't forget to immerse your crystals in spring or rain water to prevent the vibration of the crystals harming your bowl or the crystals.

How they work:

When you run a wet finger around the rim of a wine glass or goblet, it makes a singing sound which varies depending on the size and thickness of the glass. The rotating pressure from your finger causes the glass to vibrate and produce a sound.

Crystal Singing Bowls also work on the same principle. With the bowls, you use a mallet, which is a length of hard wood with a neutral rubber cover instead of your finger. You circle this mallet around the outside rim of the bowl and an enchanting sound is emitted. This sound goes on long after you have stopped circling the bowl.

For sound to be produced, some sort of movement needs to be generated. In a guitar or a drum, you can see the movements. In Crystal Singing Bowls, the sides of the bowl move when it is being played and can be felt if we touch them.

History and Uses:

Sound has been used as a healing tool by a variety of cultures. In ancient India, Asia, Africa, Europe and among the Aborigines and American Indians, the practice of using sound to heal and achieve balance has existed for centuries. The Tibetans still use bells, chimes, bowls and chanting as the foundation of their spiritual practice.

Everything in the universe is in a state of vibration and each object or person has a resonate frequency that is their optimal vibration. The chakras, bones and organs in the body all possess a different resonate frequency.

When an organ or other part of the body is vibrating out of tune or non-harmoniously, it is called dis-ease. A body is in a healthy state of being when each cell and each organ creates a resonance that is in harmony with the whole being.

The sounds of the Crystal Singing Bowls in balancing the body, work in two ways.

- The disharmonious conditions are being adjusted or removed
- A sacred space is created for strengthening the person's higher self-connection or Divine Blueprint.

Crystal Singing Bowls

When an unbalanced energetic condition is removed, it is always wise to fill the void created with the highest aspect of Source that the person is willing to embrace. The sound waves from the Crystal Singing Bowls emit a pure holographic template of radiant sound that builds a Jacob's Ladder to the Divine.

Application:

- Sound therapy and meditation
- Energy Healing
- Chakra aligning and total cleansing
- Transmitting energies
- Energising the Physical and Energetic Bodies
- Feng Shui
- Suit crowds

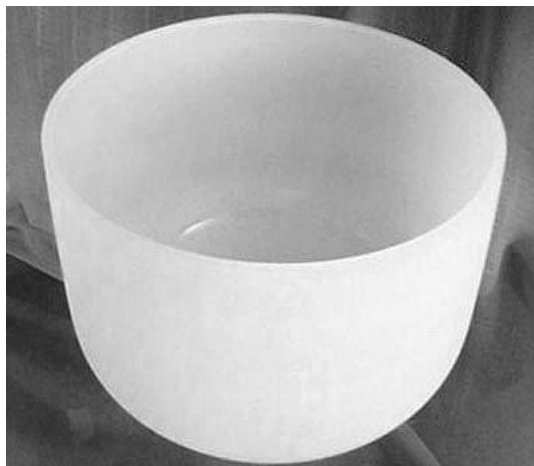
Sound Therapists, Massage Practitioners, Medical Doctors, Chiropractors, Reiki Practitioners, Musicians, Singers, Voice Coaches, Meditation Teachers and Energy workers choose our bowls when they want the best sound quality, resonance and customer service for their practices, clients and own reputations.

Your Crystal Singing Bowl will come with:

1. Singing bowl accessory
2. Rubber O-ring
3. Rubber stick or Suede singing bowl mallet

Feel free to visit us at our showroom, open each weekend of the year.

Shop 11 / 189 Ocean View Road, The Galleria, Ettalong Beach, NSW 2257



9.00am to 3.30pm Saturday & Sunday – M: 0407 139 353